



HEALTH CARNIVAL 2025

Objective:

To promote community health awareness and provide essential preventive and screening services to the local population of Thikkodai through a comprehensive health carnival.

Organized by: Regional Director of Health Services, Batticaloa

Arranged by: Our Society – Batticaloa

Sponsored by: Our Society – Australia

Date: Sunday, 19th October 2025

Time: 8.30 a.m. – 3.30 p.m.

Venue: BT/PD/Thikkodai Ganesha Vidyalayam.



அவுஸ்ரேலிய எமது சமூகம் அனுசரணையில்

மட்டக்களப்பு பிராந்திய சுகாதார
சேவைகள் பணிப்பாளர் பணிமனை







மற்றும் எமது சமூகம் இணைந்து நடாத்தும்



மருத்துவ முகாம் HEALTH CARNIVAL



சுகாதார சேவைகள்

-  NCD Screening
-  OPD Consultation
-  Breast Examination
-  Leprosy Screening
-  Oral Screening
-  Eye Check-up

கல்விச் சேவைகள்

காணி, சட்ட, சமூக சேவைகள்

காலம்

19.10.2025

இடம்

மட்-பட்-திக்கோடை
கனேசா வித்தியாலம்

நேரம்

8.30 AM - 3.30 PM

0771178843





1.0 Executive Summary

The *Health Carnival 2025*, held on **Sunday, October 19, 2025**, was a landmark public health and community outreach initiative designed to promote health awareness, provide essential preventive and screening services, and support educational and social development within the Thikkodai community.

Organized by the **Regional Director of Health Services (RDHS), Batticaloa**, and coordinated by **Our Society – Batticaloa**, with full sponsorship from **Our Society – Australia**, the event took place from **8:30 a.m. to 3:30 p.m.** at **BT/PD/Thikkodai Ganesha Vidyalayam**.

A total of **750 beneficiaries** from the local population benefited from the event, which offered an integrated package of **medical, educational, and family support services**. Notably, **385 individuals** were screened for **Non-Communicable Diseases (NCDs)**, **272 for eye conditions**, and several were referred for further care after the detection of suspected cases of **hypertension, diabetes, breast cancer, and leprosy**.

In addition, the carnival provided **career motivation sessions for 100 students**, distributed **books, toys, and clothing** to underprivileged families, and strengthened community well-being through inclusive participation.

The event was powered by **120 committed human resources**, including health professionals, volunteers, and students, and utilized **three vehicles** for logistics and transportation. Total financial expenditure amounted to **LKR 141,290**, fully sponsored by *Our Society – Australia*.

This collaborative effort successfully bridged healthcare gaps, enhanced educational support, and promoted social empowerment — setting a replicable model for sustainable community development in Sri Lanka.

2.0 Beneficiary Details

A total of **750 community members** from Thikkodai and nearby areas participated in and benefited from the carnival. Beneficiaries included **families, students, women, children, and individuals with special needs**.

Outreach was conducted via **mobile announcements, temple notices, WhatsApp posters, and printed flyers** to ensure equitable access to all community members.

Service Category	No. of Beneficiaries
Medical Screenings & Consultations	<ul style="list-style-type: none"> • 385 (NCD) • 272 (Eye) • 54 (Pediatric) • 150 (Student Health) • 200 (OPD, Breast, Leprosy, Oral)
Educational Services	<ul style="list-style-type: none"> • 150 O/L & A/L students (100%)

3.0 Detailed Breakdown of Services

3.1 Health Services

- **NCD Screening (Blood Pressure, Blood Glucose, BMI):** 385 screened; 25 suspected diabetes cases, 20 hypertension, 5 obesity. All received lifestyle counselling and referrals.
- **OPD Consultations:** Approximately 200 patients treated by medical officers.
- **Breast Examination:** 54 women screened; 2 suspected cases referred to Base Hospital, Batticaloa.
- **Leprosy Screening:** 19 screened; 1 suspected case referred for MDT initiation.
- **Oral Screening:** 30 examined; treated for caries and gingivitis.
- **Eye Screening:** 272 examined; 23 cataract referrals, 163 reading glasses distributed.
- **Paediatric Consultations:** 54 children examined.
- **Student Health Assessments:** 150 students checked for nutrition, vision, and oral health.

3.2 Educational and Family Support Services

- **Motivational Session:** 150 O/L and A/L students participated in career guidance and educational motivation programs.
- **Book Donation:** 200 books and a bookshelf donated to Thikkodai Ganesha Vidyalayam Library.
- **Toy Distribution:** 40 toys given to underprivileged children.
- **Clothing Distribution:** 25 bundles distributed to needy families.

4. Event Arrangements & Logistics

- **Refreshments:**
 - Fresh milk (for 150 participants) – arranged by School SDC.
 - Maravalli (150 portions at 10:30 a.m.) – arranged by RDS.
- **Lunch (1:00 p.m., 120 portions)** – provided by RDS.
- **Venue Setup:** Hall preparation, sound system, water supply, sanitation, banners, and signboards were managed collaboratively.

5. Vehicle Utilization

Efficient transport was critical for mobilizing staff, medical equipment, and the dental unit.

Vehicle Type No. Source/Responsibility Usage Details

Staff Transport Bus	1	RDHS	Transported 40 medical staff (Batticaloa ↔ Venue, 60 km round trip)
Staff Transport Bus	1	Our Society	Transported 30 volunteers and supplies (Batticaloa ↔ Venue, 60 km round trip)
Dental Bus	1	RDHS	Mobile dental clinic equipped with chair and instruments (Batticaloa ↔ Venue, 60 km round trip)
Total	3	—	—

6. Human Resources Utilization

A multidisciplinary team of **120 personnel** ensured smooth coordination and quality service delivery.

Role/Category	No.	Source/Responsibility
Consultants / Pediatricians	3	Our Society / RDHS
Medical Officers	8	RDHS / Our Society
Dental Surgeon	1	RDHS
Nursing Officers	5	Our Society
Nursing Assistants / Trainees	15	RDHS
Dispensers	2	RDHS
Health Assistants	10	RDHS
School Dental Therapists	2	RDHS
Opticians	2	RDHS
Public Health Midwives (PHMs)	3	RDHS / MOH
Public Health Inspectors (PHIs)	3	RDHS / MOH
Medical Students	15	Our Society
MOH Office Staff	20	RDHS / MOH
Principal & School Staff	5	School Arrangement
RDS Members	6	Lunch Arrangement
Drivers	7	Transport Services
GS & Other Government Staff	6	Local Administration
Other Professionals	5	Motivational Speakers / Coordination
Total	118	—

7. Financial Expenditure

The total financial expenditure amounted to **LKR 141,290**, fully funded by *Our Society – Australia*.

No government funds were utilized, except for in-kind staff contributions.

Category	Expenditure (LKR)	Details
Food & Refreshments	63,000	Milk (120 units), Maravalli (140 portions), Lunch (150 meals) via WRDS contract
Medical Supplies	19,200	Syrup.Zincovit
Equipment	47,910	Reading glasses
Transport & Logistics	Free	Fuel, Vehicle, Driver
Publicity & Printing	1,800	Posters, flyers, banners, and mobile announcements
Miscellaneous	9,380	Furniture, sound system, sanitation, book/toy donations
Human Resources	Free	Volunteer
Total Cash Expenditure	141,290	—

*In-kind contributions (e.g., RDHS staff time, donated books, venue, Transport Vehicle, and fuel) valued at approximately **LKR 250,000** are not included above.*

8.0 Conclusion and Public Health Impact

The *Health Carnival 2025* was an outstanding success — serving **750 beneficiaries**, identifying **71 high-risk cases**, and fostering **community health literacy and empowerment**.

The initiative effectively combined health, education, and social development in one platform. It demonstrated the power of collaboration between **RDHS Batticaloa**, **Our Society – Batticaloa**, and **Our Society – Australia**, setting a sustainable example for future outreach programs.

The event’s legacy continues through ongoing referrals, school resource enhancements, and strengthened community networks for preventive healthcare.

9. Photographic Documentation

1. Health Carnival Inauguration :





2. NCD Screening – Nursing officer checking blood pressure;







3. BMI check-up



4. OPD care







5. Pediatric care





6. Leprosy screening



7. Eye Screening – Beneficiaries receiving and trying on new reading glasses.







9. Medicine supply



10. Oral screening & management



11. Dental Care Awareness for Children







12. Students' Motivational Session





13. Discussion With Principal



14. Books and Almara Donation to School:



15. Lunch Arrangement:





16. EIA Students' Participation

